

EUREKA AFTREEOORD



September 2026

"THE FIRST BLOOMS OF SPRING ALWAYS MAKE MY HEART SING."

SEPTEMBER 21 is
World
Alzheimer's Day



Gratis Praatjie

**15 Sept. om 10:00 in die
Ontspanningsaal.**

Aangebied deur "Association for Dementia and
Alzheimer's of South Africa".

**Kom vind meer uit oor die siekte en kom geniet 'n
lekker koppie koffie en pers kolwyntjie. 😊**

Save the Date

**4 Sept: Pannekoek verkope & markdag om
09:00 in die Ontspanningsaal.**

4 Sept: Oom Piet se braai in die
Ontspanningsaal. Bespreek gerus by Joey in
die Admin kantoor.

**15 Sept: Lelani Louw gehoorsifting om
08:30 in die Raadsaal, vloer 1. Bespreek by
Lelani se kantoor direk (021 595 1141).**

18 Sept: Carina & Vriende (Arts & Crafts) om
10:00 in die Ontspanningsaal.

**21 Sept: Alida's klereverkope om 11:00 in
die Ontspanningsaal.**

29 Sept: Gratis konsert om 14:00 in die
Ontspanningsaal.

1 - 7 SEPTEMBER: BOOMPLANTWEEK

In September vier ons Boomplantdag en
Boomweek in Suid-Afrika – 'n tyd om bome te plant
en spesiale aandag te skenk aan ons omgewing en
die rol wat bome daarin speel.

Baie dankie aan al ons tuinmakers by Eureka en
Serena wat soveel moeite doen.



Bussie Besprekings



Inwoners moet asb. vroegtydig bespreek vir ritte en uitstappies om te verseker dat daar plek is op die bussie. Daar is inwoners wie dikwels nie bespreek nie, maar daag op vir ritte en dan is daar nie plek op die bussie vir hulle nie.

*Bespreek dus asb. vroegtydig.
Baie dankie vir almal se samewerking.*

Inwoners word versoek om nie geld of bankkaarte aan enige personeel te oorhandig om namens hulle aankope te doen nie.

Personeel mag nie geld of bankkaarte van inwoners ontvang om enige aankope namens hulle te doen nie.

VERJAARSDAE – 90 +

04 Sept: Mnr. H.H. Loots (woonstel 814)
25 Sept: Mev. A.G.G. Hough (kamer 211)
26 Sept: Mev. S.J. le Roux (woonstel 1011)
29 Sept: Mev G. A. Henning (sorgeenheid)

Baie welkom aan die volgende nuwe Inwoners:

Woonstel 1210 - Mev. M.M. Ballot
Woonstel 1608 - Mev. E.A. Groenewald
Woonstel 1314 - Mev. N. Erasmus

Het jy 'n probleem met jou DSTV - Kontak gerus vir Christel in die Admin kantoor om te help. Christel skakel direk vir DSTV om die probleem uit te sorteer.

Dit is nie meer nodig om die nutsmanne te roep nie 😊

STERFTES:

29 Julie - Mev. P.F. Gresse
30 Julie - Mev. L. Vandenheede
05 Aug - Mev. B.M. Jones
07 Aug - Mnr. N. A. Koegelenberg
21 Aug - Mev. M.J. van Schoor



EUREKA SING – KOM SING SAAM ONS

Enige iemand is welkom om lekker te kom saam sing elke 2de Vrydag van die maand. Die groepie gaan die maand op 11 September bymekaar kom in die Ontspanningsaal om 10:00.

Kontak gerus vir Mev. Langeveldt (woonstel 1206) of Mev. Payton (woonstel 1504)

Kom sing jou hart uit!

GENIET DIE VAKANSIEDAG!

24 September
Erfenisdag



Uitstappies vir die Maand

01 Sept - Groote Schuur Hart Museum
08 Sept - Giraffe House (Stellenbosch)
15 Sept - Groote Schuur Hart Museum
22 Sept - Giraffe House (Stellenbosch)

Kostes:

Groote Schuur Hart Museum - R100 p/p
Giraffe House - R65 p/p

Die bussie vertrek 09:00 van Grondvloer.
Bespreek u plek by Joey.

FREE

GRATIS KONSERT

29 September om 14:00
in die Ontspanningsaal

Kom geniet die middag saam met ons
en luister na mooi musiek.

Gratis koffie / tee en 'n kolwyntjie sal
beskikbaar wees vir almal wat die
vertoning bywoon.
Almal is welkom!

MONTHLY ACTIVITY PROGRAMME



UTILITAS

AKTIWITEITSPROGRAM

Maandae / Mondays

09:00 Matrolbal / Carpet Bowls

14:30 Canasta (Biblioteek / Library) & OK Food bussie / bus

Dinsdae / Tuesdays

08:30 Gratis Uitstappie / Free Outing (Bespreek by Ontvangs / Book at Reception)

09:30 Veerpyltjie klub in die Biblioteek / Dart club in the Library)

14:30 Boston Spar bussie / Shopping bus

17:30 Happy hour - Music / Musiek
Ontspanningsaal / Recreational hall

14:30 Rummikub (Biblioteek / Library)

Woensdae / Wednesdays

09:00 Tygervallei Bussie / Tygervalley Bus & Vrugteverkope / Fruit sales (Nadia)

09:30 Beweging met musiek / Movement to music (Ontspanningsaal / Recreational Hall)

14:30 Catholic Prayer group in the Library

15:00 NG Kerk Bybelstudie

15:00 English Bible study group at Serena 37

18:30 Bingo (Ontspanningsaal / Recreational Hall)

Donderdae / Thursdays

09:00 Biblioteek tot 11:00 / Library till 11:00

09:00 Tygervallei Bussie / Tygervalley Bus

16:00

Eureka kooroefening in die
Ontspanningsaal / choir practice in
the recreational hall

10:00 Voetversorging by die kliniek / Foot Care at the Clinic

14:30 Chinese Checkers (Biblioteek / Library) & Shoprite bussie / bus

Vrydae / Fridays

09:00 Matrolbal / Carpet Bowls

14:30 Canasta (Biblioteek / Library)

Saterdag / Saturdays

15:00 Jukskei in die tuin / in the garden

Sondag / Sundays

10:15 NG Kerkdiens

18:00 English Church Service



Two Mothers Remembered

By Joann Snow Duncanson



I had two Mothers – two Mothers I claim,
Two different people, yet with the same name.
Two separate women, diverse by design.
But I loved them both because they were mine.
The first was the Mother who carried me here,
Gave birth and nurtured and launched my career.
She was the one whose features I bear,
Complete with the facial expressions I wear.
She gave her love, which follows me yet,
Along with the examples in life she set.
As I got older, she somehow younger grew,
And we'd laugh as just Mothers and daughters do.
But then came the time that her mind clouded so,
And I sensed that the Mother I knew would soon go.
So quickly she changed and turned into the other,
A stranger who dressed in the clothes of my Mother.
Oh, she looked the same, at least at arm's length,
But now she was the child, and I was her strength.
We'd come full circle, we women three,
My Mother the first, the second and me.
And if my own children should come to a day,
When a new Mother comes and the old goes away,
I'd ask of them nothing that I didn't do.
Love both of your Mothers as both loved you.

